# Internet Safety

# TIPS TO SAFEGUARD YOUR FAMILY

Know what your kids do while on the internet, social media and personal devices.

Consider these tips to protect them against inappropriate content, cyberbullying, and online predators

#### FAMILY TIPS FOR SAFE ONLINE USE

- Never post or trade personal photos
- Never share personal information
- Use a screen name
- Don't share passwords
- Never meet up with someone you meet online
- Don't respond to threatening messages
- Tell an adult about anything uncomfortable

## GUIDLINES FOR PARENTAL SUPERVISION

- Spend time online together
- Use devices in common areas
- Bookmark sites for easy access
- Check your bank account for unfamiliar charges



## WARNING SIGNS OF A CYBERBULLY OR PREDATOR

- Spending long hours online, especially at night
- Unsolicited phone calls
- Unsolicited mailed gifts
- Your child startles when you enter the room
- Your child changes screens when you enter the room
- Withdrawal from family life
- Reluctance to discuss online activities